



The Milton Village was created in cooperation with the Netherlands-based Vivium Group. It is a revolutionary concept in care and the first of its kind in the United States. The environment provides a home and town-like setting where individuals have more regulated independence and less institutional style programming. This de Hogeweyk model is based on seven pillars: lifestyles, favorable surroundings, organization, health, life's pleasures & meaning of life, employees & volunteers and social inclusion.



111 Sunnybrook Court

South Bend, IN 46637

574-232-2666

888-303-0180

[www.MiltonADS.org](http://www.MiltonADS.org)

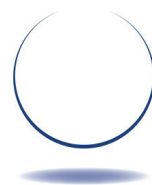
Monday through Friday

7:30am to 5:00pm

All services are provided without regard to race, age, color, religion, sex, disability, national origin, or ancestry.



@MiltonAdultDayServices



CIRCLE of LIFE®  
2023 Award Winner



the closest

thing

to home

Milton Adult Day Services provides a safe environment for individuals needing assistance during the day time hours where caring, warmth, and compassion encourage each one to flourish.



### Milton Adult Day Services is there...

- **for the caregivers** with the demanding responsibility of caring for a loved one at home.

Family caregivers become overwhelmed with the physical exertion, medication schedules, and constant need for attention of the loved one. We provide that much needed break for the caregiver who can then rest, run errands, have lunch with a friend, or go to work, able to fully concentrate on their responsibilities, knowing their loved one is safe and provided excellent care.

- **for the clients** who require day time supervision or are lonesome, needing a social setting.

We provide fun filled days with multiple opportunities for self expression through music, exercise, arts, spiritual times, and games, all in a social setting.

### Active Programming

A vibrant, structured program of meaningful and engaging activities designed to maintain or improve level of functioning, giving participants a sense of self worth and success.

Activities include:

- Art appreciation
- Socialization
- Cognitive stimulation
- Sensory stimulation
- Daily exercise
- Reminiscing
- Spiritual activities
- Music therapy
- Games



### Staffing

Our trained staff are passionate about their profession and treat each individual with dignity and respect. Daily staffing includes:

- Certified nursing assistants
- Registered nurses
- Lifestyle enrichment coordinator

### Dietary Services

Participants receive a warm lunch prepared by a local caterer, Simply Catering. This meal provides one-third of their daily nutritional requirements. Special dietary needs can be accommodated. A light breakfast and afternoon snacks are also provided.



### Funding Options

CHOICE • Long-term care insurance  
Medicaid Waiver • Private pay  
Veterans Administration

### Health Monitoring

Our attentive nursing staff monitor blood pressure on each participant monthly. Diabetic monitoring and medication administration are available. Our nurses communicate with designated family members to provide optimal care for our participants.